

CHEER

Youth Camp

*Subject to Change

| Day 1 | | Fun Day | | Day 3 | | Notes |
|--|--|---|--|---------------|--|---|
| REGISTRATION | | BREAKFAST | | BREAKFAST | | |
| 9:00 | Orientation & Intros Camp Rules | 9:00 | Cheerobics Spirit Chants | 9:00 | Cheerobics Spirit Chants | |
| 9:30 | Youth Dance - First Half Spirit Break | 9:30 | Jump Class | 9:30 | Jump Class | |
| 10:15 | Cheer Basics Coaches' Meeting | 10:00 | Cheer & Chant Class *Game Day Focus Coaches' Meeting | 10:00 | Spirit Break | |
| 10:45 | Cheer/Chant Class | 11:00 | Incorporation Class | 10:15 | Cheer & Chant Class Coaches' Meeting | |
| 11:30 | Fun Ribbons | 11:30 | Fun Ribbons | 11:00 | Herkie Says | |
| | | | | 11:15 | BleacherMania - Part 1 | |
| LUNCH | | LUNCH | | LUNCH | | |
| 12:30 | Spirit Spot Activity | 12:30 | Spirit Spot Activity | 12:15 | Spirit Spot Activity | |
| 12:45 | Safety First S.P.O.T. Stunt Class | 12:30 | Pyramid Workshop | 12:30 | Formation Class | |
| 1:30 | Youth Dance - Second Half | 1:15 | Dance Class Coaches' Meeting | 1:15 | BleacherMania - Part 2 Coaches' Meeting | |
| 1:45 | Spirit Break | 1:45 | Spirit Break | 1:45 | Spirit Break | |
| 2:00 | Cheer & Chant Review | 2:00 | Cheer & Chant Review | 2:00 | Cheer & Chant Review | |
| 2:15 | NCA PRIMETIME | 2:15 | NCA PRIMETIME | 2:15 | NCA PRIMETIME | |
| 2:45 | Evaluation/Buddy Time | 2:45 | Evaluation/Buddy Time | 2:45 | Evaluation/Buddy Time | |
| 3:15 | Spirit Sticks | 3:15 | Spirit Sticks | 3:30 | Spirit Sticks | |
| 3:30 | Closing | 3:30 | Closing | 3:45 | Closing | |
| 3:45 | Camp Counselor Meeting | 3:45 | Camp Counselor Meeting | | | |
| REMINDER! | | REMINDER! | | | | |
| Tomorrow is FUN DAY! Dress in your craziest clothes! GET SOME REST! | | Say goodbye to your buddy.... tomorrow is the last day of camp! | | <h1>2009</h1> | |  |

This year...your chance...STEP UP!