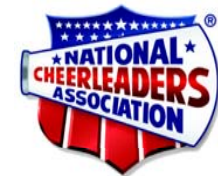


# CHEER

# Private Camp

\* This is a SUGGESTED schedule.

Day 1	Notes	FUN Day	Notes
<p><b>REGISTRATION</b></p> <p>9:00 Introductions            9:15 Cheerobics            9:30 Spirit Dance            10:00 Camp Cheer &amp; Chant Class            10:45 Safety First/S.P.O.T.            11:00 Core Stunts            Skill Check            Safety Awareness Test            11:45 Team ESTEEM            Dance Showcase</p> <p><b>LUNCH</b></p> <p>1:00 Dance Class (Squad's Choice)            *Dance or Radical Response            2:00 Jump Technique Class            2:30 NCA PRIMETIME            *Informal Evaluation on Cheer &amp;            Chant with Crowd Involvement            3:20 Evaluations            *Repeat NCA Cheer &amp; Chant            3:35 Material Review            3:50 Team ESTEEM            Closing</p> <p><b>REMINDER!</b></p> <p>This schedule can be changed to            fit your <b>EVERY</b> need!</p>		<p><b>BREAKFAST</b></p> <p>9:00 Team ESTEEM            Cheerobics            9:30 Jump Class            10:00 Cheer &amp; Chant Class            *Game Day Focus            10:45 Stunt Class            11:45 Dance Showcase</p> <p><b>LUNCH</b></p> <p>1:00 All-American Tryouts            2:00 NCA PRIMETIME            *Informal Evaluation on            NCA Cheer &amp; Chant            3:00 Evaluations            *Repeat NCA Cheer &amp; Chant            3:15 Material Review            3:50 Team ESTEEM            Closing</p> <p><b>REMINDER!</b></p> <p>Say goodbye to staff....            today is the last day of camp!</p>	
<h1>2009</h1>			



# This year...your chance...STEP UP!