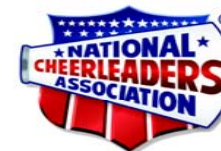


CHEER

Day Camp

*Subject to Change

Day 1		Notes	Day 2		Notes
REGISTRATION			BREAKFAST		
9:00	Opening Rally Camp Rules		8:45	Captains' Class	
9:30	Spirit Dance Coaches' Meeting		9:00	Team ESTEEM Cheerobics Coaches' Meeting	
10:00	Camp Cheer & Chant Class		9:20	Jump Class	
11:15	Buddy Time Individual help with material	10:00	Cheer & Chant Class *Game Day Focus		
11:45	Coaches' Meeting with Buddy Team ESTEEM Camp Details	10:40	Stunt Class		
		11:45	Dance Showcase NCA PRIMETIME Sign-up		
LUNCH			LUNCH		
1:00	Specialty Classes *Dances/Stunts/Radical Response	1:30	NCA PRIMETIME *Informal Evaluation on Cheer & Chant with Crowd Involvement		
2:00	Safety First/S.P.O.T.	2:30	Specialty Classes *Dances/Stunts/Radical Response		
2:15	Core Stunts Skill Check	3:30	Evaluations *NCA Cheer & Chant w/Crowd Invol.		
3:15	Jump Technique Class	3:50	Material Review *Cheers, Chants & Dances		
4:00	Material Review	4:20	Spirit Sticks		
4:15	Game Day Entrance Explanation & Demo	4:30	Awards & Closing		
4:20	Spirit Sticks				
4:35	Team ESTEEM Safety Awareness Test				
REMINDER!		REMINDER!			
Tomorrow is FUN DAY! Dress in your craziest clothes through lunch.		Say goodbye to your buddy.... tomorrow is the last day of camp!			
		2009			



This year...your chance...STEP UP!