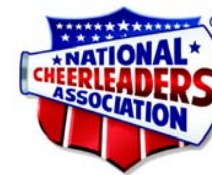


CHEER

Platinum Camp

*Subject to Change

| Day 1 | Day 2 | Fun Day | Day 4 |
|---|--|---|--|
| REGISTRATION | BREAKFAST | BREAKFAST | BREAKFAST |
| 2:00 Opening Rally Camp Rules 2:30 Spirit Dance Coaches' Meeting 3:15 Camp Cheer Chant Class 4:00 Buddy Time Individual help with material 4:45 Coaches' Meeting with Buddy Team ESTEEM Camp Details | 8:15 Captains' Class 8:30 Team ESTEEM Cheerobics Coaches' Meeting 8:50 Jump Class 9:30 Cheer & Chant Class *Game Day Focus 10:20 Stunt Class 11:30 Dance Showcase NCA PRIMETIME Sign-up | 8:15 Captains' Class 8:30 Team ESTEEM Cheerobics Coaches' Meeting 8:50 Cheer & Chant Class 9:50 Stunt Class 10:50 Pyramid Workshop 11:30 Dance Showcase NCA PRIMETIME Sign-up | 9:00 Final Evaluation *Repeat NCA Cheer & Chant *Champion Chant & Top Team sign up 9:45 Optional Competitions *Champion Chant (No Entrance, 3-3-3) *Game Day Top Team (Game Day Entrance, Crowd Response Cheer, Limited Skills) *Performance Top Team (Entrance, Any Cheer, Showcase Team Skills) 10:45 Cheer and Chant Review Dance Showcase BleacherMania 2009 11:15 Awards 11:45 Closing |
| DINNER | LUNCH | LUNCH | |
| 7:00 Safety First/S.P.O.T. 7:15 Core Stunts Skill Check 8:00 Jump Technique Class 8:30 Game Day Entrance Explanation & Demo 8:35 Spirit Sticks 8:45 Team ESTEEM Safety Awareness Test | 1:30 Practice Time with Coach 2:00 NCA PRIMETIME *Informal Evaluation on Cheer & Chant with Crowd Involvement 4:00 Basket Builders | 1:30 Practice Time with Coach 2:00 NCA PRIMETIME *Informal Evaluation 4:00 Specialty Classes *Dances/Stunts/Radical Response | |
| | DINNER | DINNER | |
| | 7:00 Evaluations *NCA Cheer & Chant w/Crowd Invol. 7:30 Specialty Classes *Dances/Stunts/Radical Response 8:35 Spirit Sticks 8:45 Team ESTEEM | 6:45 Stretch & Warm-up 7:00 All-American Tryouts 7:30 Practice Time with Buddy 8:10 Material Review *Cheers, Chants & Dances 8:25 Spirit Sticks 8:35 Team ESTEEM | |
| REMINDER! | REMINDER! | REMINDER! | |
| Practice material for tomorrow's evaluation. Don't forget that tomorrow is GAME DAY , show your school spirit! | Tomorrow is FUN DAY! Dress in your craziest clothes through dinner. GET SOME REST! | Say goodbye to your buddy.... tomorrow is the last day of camp! | |



2009

This year...your chance...STEP UP!